

Amherst Shotokan Karate Academy

We will be offering some new classes in the new year starting on Saturday January 6 to Saturday February 24. This course will be for 8 Saturdays.

Cost for this program is \$50 payable by cash, cheque or e-transfer.

Preregistration required by calling 902-660-3770 or by emailing amherstska@bellaliant.com

Check out our web page at maritimeikd.com for other course times.

Class time are as follows;

All classes are male and female together.

All classes will take place at 100 Spring St.

9am – 9:45am for ages 5-6yr old's parents are welcome to join in.

10am – 10:45am for ages 7-12yrs old.

11am-12noon for ages 13 and up.